



### Rosh Chodesh Women's Circle™, Inc

# Newsletter

#2 Av/July 2015

#### WHO IS THIS NEWSLETTER FOR?

This newsletter is for anyone associated with the RCWC in any capacity - whether you are a member of the Board, an Affiliate, a volunteer, a service provider OR you would like to join in any capacity. If you prefer not to be on our mailing list please let us know by replying to this email.

#### WHAT IS THE ROSH CHODESH WOMEN'S CIRCLE?

The RCWC is a trademarked organisation empowering women and creating lasting legacies, established in loving memory of Mr. Max Blaser. It has been incorporated into the Australian Charities and Not-for-Profits Commission (ACNC).

Rosh Chodesh Women's Circle celebrates the beginning of each month in a warm and welcoming atmosphere of camaraderie, acceptance and discovery, while highlighting meaningful stories and nurturing body and soul. Each Rosh Chodesh gathering includes a message for the month, refreshments, entertainment and the beautiful stories which are videotaped as a legacy for your organisation and future generations. Contact us if you would like to;

- o Facilitate a RCWC for your group, Shule or Organisation
- O Receive the Promotional video and other material
- Learn more about the Program and services we provide
- O Consider joining our Board or becoming a volunteer
- Provide a service or resource for the RCWC

#### THE NEW YEAR @ RCWC

Although Tishrei is the start of the New Year, the bonus RCWC Program that was offered for Tishrei is part of our 5775 (2015/16) package. Our Monthly package, including the comprehensive Program, the publicity flyer and more, will be delivered shortly to the two Affiliates who have registered for Tishrei: Bentleigh Chabad and Merkos Women.

To view the cover page of the Tishrei Program - see below.

An exciting new Program is being prepared for the New Year 5776 (2015/2016).

Although registration for the month of Cheshvan officially closed on July 13, we are extending the registration deadline until the end of this month for any new Affiliates who would like to register for the month of Cheshvan, thus continuing and building upon the holy days of Tishrei. For those wishing to begin the year with the Kislev event, be sure to register before the deadline on August 5<sup>th</sup>.



## Program for: TISHREI

<u>Theme</u>: The month of Tishrei is filled with Yomim Tovim. Each of these Yomim Tovim infuses us with a unique type of spiritual energy to take into the rest of the year. Rosh Hashana, which is the first day of the year on the Jewish calendar, reawakens our connection with Hashem, and reminds us that each New Year brings with it increased growth in a perpetual cycle of life. This idea is reflected in the round Challahs which are part of the Yom Tov meal. As women, our role of nurturing and elevating our surroundings can be understood by explaining the deeper significance of the mitzvah of Challah.

This thirteen page RCWC Program Guide for the Month of Tishrei is for the exclusive use of our Affiliates and may not be reproduced or shared except in the context of a registered RCWC event.

#### Contents:

- 1) Theme: As above
- For further elaboration on the Theme- see Activity Introduction, Menu and Decor and Message of the Month.
- 2) Activity: Shaping Round Challahs
- How to introduce the Activity
- Incorporating the Activity within the social mingling
- How to set up the Activity
- 3) Menu and Decor: The suggestions for the menu and decor include round platters and foods which emphasises the Cycle of Life. Other foods which may be traditional for Rosh Hashana such as honey, carrots and pomegranates are also recommended.
- 4) Resources: See Resources pages in your RCWC Handbook to assist with all general resources as required. In this guide we provide:
- Suggestions for resources specific to the theme including available RCWC discounts.
- A new gift for the storyteller suitable for Tishrei to be presented by the RCWC.
- A 6 page booklet to take home, explaining the Challah separation including shaping ideas and recipes.
- Speak to your designated RCWC representative for any further assistance.
- 5) Message of the Month: A fully prepared Dvar Torah based on the theme.

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Please do not hesitate to contact us!